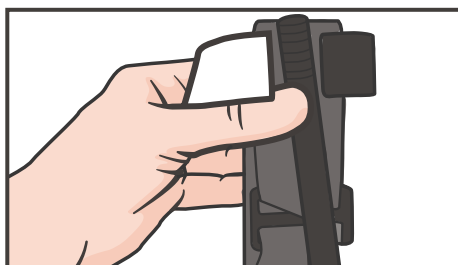
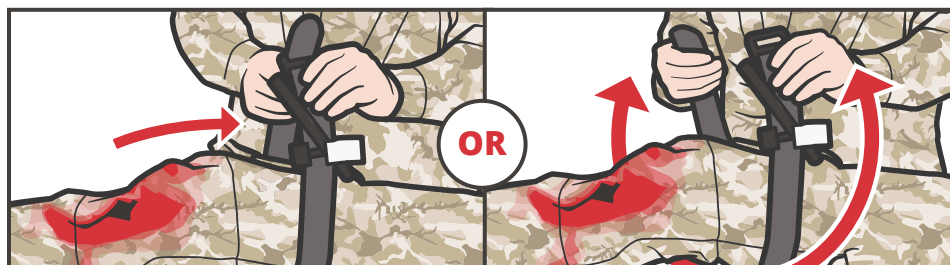


TWO-HANDED (WINDLASS) TOURNIQUET APPLICATION

CARE UNDER FIRE (CUF)

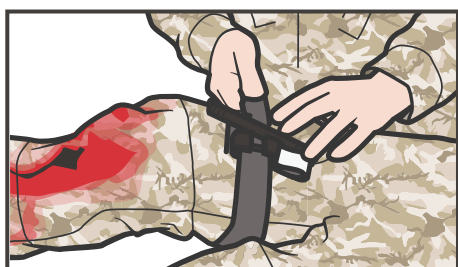


01 REMOVE tourniquet from the JFAK and/or carrying pouch.

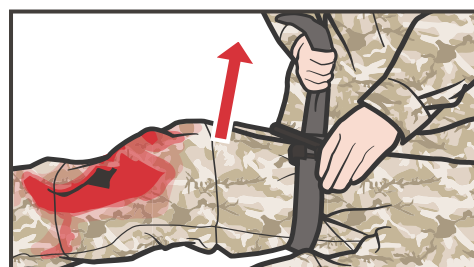


02a INSERT wounded extremity through the loop of the self-adhering band (looped).

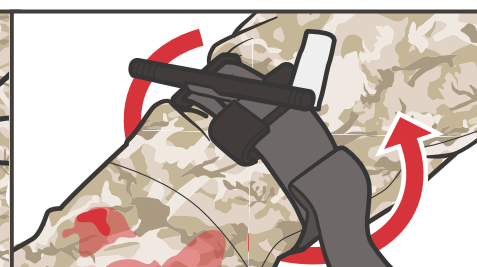
02b ROUTE band around limb; pass the tip through the slit of the routing buckle.



03 POSITION the tourniquet above the bleeding site, high on the extremity over the clothing/uniform.



04a ENSURE all the slack in the self-adhering band is pulled through the routing buckle before the band is fastened back on itself and the windlass is twisted.



04b FASTEN the self-adhering band back on itself all the way around the limb, but not over the windlass rod clips.



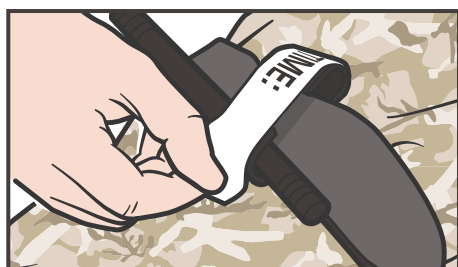
05 TWIST the windlass rod until bleeding has stopped (complete steps 1-5 in under 1 min).



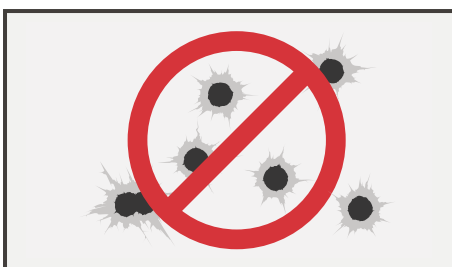
06 LOCK the windlass rod in place with the windlass clip.



07 ROUTE self-adhering band around rod and between clips.



08 SECURE with the windlass safety strap.



09 If no other major bleeding is present, **MOVE CASUALTY TO COVER.**

STEP 8 NOTE: Do not document tourniquet application time until the Tactical Field Care phase.