

## NK1 – RESEARCH

### AN INFRASTRUCTURE SUPPORTING NURSING RESEARCH

*Provide a description, with supporting evidence, of the infrastructure that supports nursing research in the organization.*

NewYork-Presbyterian/Columbia University Irving Medical Center (NYP/Columbia) has a robust infrastructure to support nursing research through the NewYork-Presbyterian (NYP) Office of Nursing Research and Innovation and includes:

- PhD-prepared nurse scientist jointly appointed by NewYork-Presbyterian and Columbia University School of Nursing
- Academic-Practice Research Fellowship Program
- Nursing Research and Evidence-Based Practice Committee
- Multiple education and training programs on the nursing research process
- Annual events for nursing research dissemination

#### **Office of Nursing Research and Innovation**

The NewYork-Presbyterian (NYP) Office of Nursing Research and Innovation is a component of the NYP Institute of Nursing Excellence and Innovation, which supports programs integral to the advancement of nursing practice at all NYP hospitals, including NYP/Columbia. The Office of Nursing Research and Innovation supports the culture of inquiry to advance nursing science and improve patient care. The Office hosts an annual Research, Evidence-Based Practice (EBP), and Innovation Symposium, which showcases and celebrates nursing research and evidence-based practice. The Office also provides educational workshops on NYP's PEACE Model – **P**roblem identification, **E**vidence review, **A**ppraise evidence, **C**onduct research or **C**hange practice, and **E**valuation/dissemination of findings – a model for EBP utilization developed for and by NYP nurses. The PEACE Model delineates the steps of how to formulate and address a clinical question.

The Academic-Practice Research Fellowship program and the Linking to Improve Nursing Care and Knowledge (LINK) program, through the Office of Nursing Research and Innovation, have helped elevate nursing research at NYP. The Academic-Practice Research Fellowship program is a structured certificate program offered at NYP/Columbia to enable nurses to receive formal guidance and mentorship from Columbia University School of Nursing (CUSON) faculty and staff when conducting nursing research. The LINK program was developed as a partnership between NYP/Columbia and CUSON to employ a jointly appointed PhD-prepared nurse scientist who provides mentorship and didactic training to NYP/Columbia nurses. [NK1.1—Office of Nursing Research Screenshot](#)

### *Academic-Practice Research Fellowship Program*

NYP/Columbia nurse research fellows accepted into the two-year Academic-Practice Research Fellowship program receive: (1) a didactic class on research methods; (2) one-on-one mentorship from a doctorally prepared faculty member at CUSON; (3) statistical consultation; (4) hands-on guidance in disseminating study results; (5) paid time to ensure successful completion of the program; (6) continuing education credits; (7) access to CUSON resources and facilities; and (8) certificate from CUSON pending program completion. NYP/Columbia nurse fellows also attend a manuscript writing workshop specifically for their cohort. The program is led by Kasey Jackman, PhD, RN, PMHNP-BC, FAAN, the nurse scientist who supports and guides the nurse fellows throughout the entire nursing research process to ensure their success and completion of the program. [NK1.2— Academic-Practice Fellowship](#)

Christine Yany, BSN, RN, CHPN, clinical nurse, CCU (5MB/HH-605495) [CCU], was accepted into the program as a nurse fellow on December 1, 2020. Her study aimed to explore the perception of cancer information by cancer patients who are English proficient and those who are primarily Spanish speaking with limited English proficiency and analyze the difference between the two groups. She completed the nursing research study and presented the findings on December 9, 2022.

The academic partnership infrastructure at NYP was recognized with the 2020 New Era for Academic Nursing Award from the American Association of Colleges of Nursing (AACN) – a testimony for successfully implementing the recommended strategies from the AACN's report, *Advancing Healthcare Transformation: A New Era for Academic Nursing*.

### **Nursing Research and Evidence-Based Practice Committee**

The Nursing Research and Evidence-Based Practice Committee is a part of the NYP/Columbia's professional governance structure. The purpose of the Nursing Research and Evidence-Based Practice Committee is to guide clinical nurses through

initiatives designed to foster an interest in understanding, practicing, and conducting the latest evidence-based practice initiatives and research. The jointly appointed NYP/Columbia nurse scientist attends the committee's monthly meetings, which benefit nurses at all levels by providing direct access to a nursing research expert. The nurse scientist dedicates time during meetings to discuss nursing research and provide guidance to nurses on research projects of interest. In addition to the nurse scientist, committee members include clinical nurses and other evidence-based practice mentors such as nurse leaders, clinical educators, a library informationist, and the Magnet program director. The NYP/Columbia Nursing Research and Evidence-Based Practice Committee strives to strengthen nursing research competencies of members during monthly meetings and conducts its own nursing research studies. For nursing research dissemination, the committee hosts an annual poster parade event during Nurses Week. [NK1.3—Nursing Research and Evidence-Based Practice Committee Charter](#)

### **Library Access**

Full medical library access of affiliated medical schools is granted to all nurses employed by NewYork-Presbyterian. This includes all onsite library facilities in addition to web-based access and resources. NYP/Columbia nurses can schedule one-on-one consultations with the nurse scientist for assistance with literature searches and are able to submit reference questions electronically to library personnel. Nurses can electronically download all journal articles with library access while on the NewYork-Presbyterian network. In addition to library access, nurses also have research resources available to them on the NewYork-Presbyterian Hospital intranet site through the Department of Nursing Research and Innovation page.

### **Nursing Research Education and Training Programs**

NYP provides NYP/Columbia nurses with internal education and training programs that enhance research competencies. These include the Collaborative Institutional Training Initiative (CITI) Program, PEACE Model Deep Dive, and the NYP Writing for Publication Workshops. NYP/Columbia nurses are paid while attending educational activities and also receive continuing education credit(s) and registration reimbursement.

#### *CITI Program Training*

CITI Program is a third-party training program affiliated with NYP/Columbia's Institutional Review Board (IRB). It provides a multitude of specialized research and human subjects training for employees, including nurses. Any nurse and/or investigator on record at the IRB is required to complete web-based, comprehensive courses that cover foundations of biomedical research and the responsibilities of conducting research. NYP/Columbia nurses can create a CITI Program profile, complete courses

free of charge, and use continuing education benefit time for time spent completing the courses. Completed courses may be accessed at any time for additional review.

### *The PEACE Model Deep Dive*

The PEACE Model is an innovative approach to nursing research and evidence-based practice. The model emerged from NYP clinical nurses who sought to develop a practical way to remember and apply EBP components. To enculturate the PEACE Model, the Office of Nursing Research and Innovation conducts a "PEACE Model Deep Dive" workshop twice a year for nurses. The workshop provides step-by-step instruction on the PEACE Model components and includes interactive portions for nurses to ask questions of the facilitators covering real-world clinical questions and projects. PEACE Model Deep Dive instructors include nurse scientists, affiliated academic partners, and other NYP nursing research content experts. The workshop offers continuing education credits, and nurses are encouraged to implement an evidence-based practice project or conduct nursing research at their respective hospital sites following the training.

### *Writing for Publication Workshop*

The NYP Writing for Publication Workshop aims to assist nurses in disseminating their innovative projects and research through publication. The workshop includes course presentations and a "meet the editors" session. An interactive, experiential learning component provides participants with follow-up support to complete their manuscript. The didactic portion includes the phases of publishing (planning, writing, revising, and publishing), exploration of common challenges nurses face when publishing and methods to address them, and details on how to successfully navigate the journal submission process. [NK1.4—Workshop and Training Flyers](#)

## **Nursing Research Dissemination**

### *Annual Poster Parade*

The Nursing Research and Evidence-Based Practice Committee hosts an annual Parade of Posters during Nurses Week. This allows NYP/Columbia nurses to internally disseminate nursing research and EBP projects. Prior to presentation, all submitted posters are reviewed by the nurse scientist and clinical nurses who form the leadership of the Nursing Research and Evidence-Based Practice Committee. Together they provide feedback to aid presenters in revising their posters and achieving high quality presentations.

### *Research, Evidence-Based Practice, and Innovation Symposium*

Each year, NYP hosts a Research, Evidence-Based Practice, and Innovation Symposium to showcase nursing research studies, evidence-based practice projects,

and recent innovations. The symposium is open to participants external to the organization; the majority of participants are nurses from within the NYP enterprise, including NYP/Columbia. The Research, Evidence-Based Practice, and Innovation Symposium, which is planned and coordinated in part by NYP Nursing Research and Evidence-Based Practice Committee chairs from across the NYP enterprise, features podium, panel, and poster presentations, which include presentations by clinical nurses at NYP/Columbia. Notable keynote speakers are invited, and nurses with all levels of research knowledge and background, from novice to expert, can gain valuable takeaways for their practice settings. [NK1.5—Research Dissemination Brochure](#)

Department of Nursing

- Mission/Vision
- Strategic Plan
- CNE Letters Archived
- NY State Practice Act
- Leadership
- RN Credentials - Management
- Professional Governance
- Professional Practice Model (PPM)
- Professional Nursing Practice

Institute of Nursing Excellence and Innovation

- Institute of Nursing Excellence and Innovation Overview
- Informatics
- Nursing Excellence/Magnet
- Operations and Finance
- Practice and Patient Education
- Professional Development
- Quality
- Research, EBP and Innovation
- Residency Program
- Academic Partnerships
- School of Continuing Education

Quick Links

## Research

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### Office of Nursing Research, EBP and Innovation

The Office of Nursing Research and Innovation supports the culture of inquiry to advance nursing science and improve patient care.

Nurses' active involvement in evidence-based practice (EBP) and research is critical to improving the care we provide to patients and furthering nursing science. At NewYork-Presbyterian, we champion nurses' engagement in evidence-based practice and research and have developed supportive processes and structures to facilitate nurses' translation of evidence into practice and generation of new knowledge through research.

We have partnered with Columbia University School of Nursing and affiliated nursing schools to advance a culture of inquiry among nurses. Each NYP campus has a dedicated PhD-prepared nurse scientist (jointly appointed by NYP and Columbia University School of Nursing), who provides one-on-one mentorship and didactic training to nurses in areas of clinical scholarship. Studies consistently find that knowledge gaps and a lack of mentorship impede nurses' abilities to implement best practices and conduct research. We recognize these challenges and our nurse scientists are here to lend the scientific expertise and mentorship you need.

We annually host a Research, EBP, and Innovation Symposium, which is a wonderful showcase and celebration of nursing research and EBP. We provide educational workshops on NYP's PEACEModel, which is a model for evidence-based practice utilization developed for and by NYP nurses. PEACE (P-Problem Identification, E-Evidence Review, A-Appraise Evidence, C-Conduct Research or Change Practice and E-Evaluation/Dissemination of findings) is an acronym and delineates the steps of how to formulate and address a clinical question.

In collaboration with Columbia Nursing and affiliated nursing schools, we developed an Academic-Practice Research Fellowship Program for our nurses to gain formal guidance and mentorship in the conduct and dissemination of research.

We believe that nurses' integration of evidence at the bedside and conduct of research are foundational to improving the care we provide to patients and achieving optimal patient outcomes.

- Resources
- Publications

# ACADEMIC-PRACTICE RESEARCH FELLOWSHIP RESOURCE HANDBOOK

Last Updated: 12/22/2020

# Handbook Purpose

This handbook was developed to provide fellows with programmatic information to facilitate success in the Columbia University School of Nursing (CUSON) Academic-Practice Research Fellowship.

It is recommended that fellows review this handbook at the beginning of both fellowship years and periodically over the course of the fellowship.

Please note that this handbook is not meant to replace regular communication with fellowship faculty and staff. Facets of the fellowship may change slightly and these changes may not be reflected herein.

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## Fellowship Description

The Academic-Practice Research Fellowship is a structured certificate program for New York-Presbyterian (NYP) Hospital nurses to gain formal guidance and mentorship from Columbia University School of Nursing (CUSON) faculty and staff in the conduct and dissemination of research. If accepted into this competitive two-year program, NYP nurses will receive:

- (1) one-on-one mentorship from faculty at CUSON;
- (2) statistical consultation;
- (3) hands-on guidance in disseminating study results;
- (4) ongoing continuing education credits;
- (5) access to Columbia University Irving Medical Center (CUIMC) resources and facilities; and
- (6) a certificate from CUSON, pending their successful completion of the research certificate program.

## Fellowship Objectives

***At the end of each respective fellowship year, fellows will have:***

Year 1: Conducted a research study that is methodologically and ethically sound.

Continuing nursing education credits received per fellow: 40

Year 2: Submitted a manuscript summarizing their research findings to a peer-reviewed journal.

Continuing nursing education credits received per fellow: 40

# Frequently Asked Questions

1. What is expected of me?
  - a. Fellows are expected to meet fellowship objectives. In so doing, fellows are required to:
    - i. Routinely:
      1. Adhere to fellowship timeline (Appendix A)
      2. Seek guidance from mentor and NYP/CUSON nurse researcher
      3. Engage key stakeholders in study planning and progress
    - ii. Attend the following meetings and events:
      1. At the beginning of the fellowship program
        - a. Columbia student orientation; see Academic Calendar for dates
        - b. Evidence-Based Practice (EBP) and Research Deep Dive
      2. Monthly
        - a. EBP and research council meetings at their campus
        - b. Fellowship monthly check-ins
        - c. Research instruction monthly session
      3. Annually
        - a. Formal presentations made annually on their progress
      4. Fellowship Year 2
        - a. Scholarly Writing and Dissemination Video Lectures
        - b. Manuscript Writing Workshop
    - iii. Perform administrative duties:
      1. Submit monthly time tracker forms to Fellowship Program Director (Appendix B)
      2. Register for the fellowship each semester at Columbia in SSOL

3. Regularly check CUIMC email for important instructions on being a student
2. Will fellows receive protected time to conduct their research?
  - a. In Year 1, fellows are allotted two shifts, i.e., “research days” a month to conduct their research
  - b. In Year 2, fellows are allotted one shift, i.e., “research days” a month to disseminate their research
3. How will research days be determined?
  - a. The scheduling of research days is determined by the fellow and his/her patient care director. Of note, research days may be rescheduled for inclement weather
4. How will fellowship days be recorded in Kronos?
  - a. Use the Special Assignment code
  - b. Since much of the fellow’s time will be spent off-site, we recommend that missed punch forms be used
5. How will my time be tracked?
  - a. Fellows are expected to submit a monthly time tracker form to the Fellowship Program Director to account for research activities
6. Do fellows have to apply to CUSON to be accepted into the fellowship certificate program?
  - a. Yes. In order to be accepted into the fellowship certificate program, NYP nurses must successfully complete the application process at both NYP and CUSON
7. How do I register for the fellowship at Columbia Nursing?
  - a. Fellows must attend a New Student Orientation program prior to enrollment, before the start of the first term

- b. Fellows are expected to register each term (Fall, Spring, and Summer) of the two-year fellowship; thus, fellows will register a total of six times.
  - c. Fellows register for courses online at <https://ssol.columbia.edu/> during assigned registration periods
    - i. Fellows will register for N7050, Practice Research Fellowship, each term
8. What is the cost of the program?
- a. Each semester, fellows will be charged approximately \$370 for the following charges:
    - i. DOCUMENT FEE (One-time transcript fee at start of program)
    - ii. CUIMC IT FEE
    - iii. NURS CRS FEE
    - iv. SIM FEE
    - v. STUDENT LIFE
    - vi. TECHNO FEE
    - vii. HRSF CUIMC (NYP employees can request to waive this fee, EACH semester)
9. How do I waive the HRSF CUIMC fee?
- a. At the start of the term, NYP employees may request to waive Columbia's student health insurance by submitting the SHS form.
10. What if I see a late fee on my bill?
- a. Late fees are added to accounts if students do not pay bill by due date. Students are responsible for these fees.
  - b. Late *registration* fees are applied if students do not register during set registration periods. Avoid this fee by registering during set registration periods. Students are responsible for these fees.

11. Will my NYP ID card work at CUSON?

- a. After you have successfully registered for class during your first term, bring your current NYPH ID card to the CUIMC ID Center to get your card/access updated to include your student status:

CUIMC ID CENTER  
P&S Building, Room 1-405  
(630 West 168th St)

# Appendix A.

## Anticipated Fellowship Timeline

### Cohort 4 (2021-2022)

Activity	Activity Schedule											
	Year 1 (2021)						Year 2 (2022)					
	Jan Feb	Mar Apr	May June	July Aug	Sep Oct	Nov Dec	Jan Feb	Mar Apr	May June	July Aug	Sep Oct	Nov Dec
Collaborate with CUSON mentor and NYP/CUSON nurse researcher.	X											
Engage with key stakeholders.	X											
Review relevant scholarly publications and documents	X											
Seek statistical guidance.		X			X			X			X	
Develop IRB protocol and submit protocol to the IRB.	X	X	X									
Collect data.				X	X							
Analyze data.						X	X					
Review writing videos.							X	X	X			
Prepare draft of paper.								X	X	X		
Participate in Manuscript Writing Workshop.										X	X	X
Submit manuscript to peer-reviewed journal.												X

*Note.*

CUSON, Columbia University School of Nursing

Appendix B.

Monthly Time Tracker

**Name:**

**Date:**

*Each month, fellows will be asked to respond to the below questions. Responses will serve to track fellows' time and will help to improve the fellowship moving forward.*

1. During the past month, check the amount of time you spent on the following activities:

<u>Research Activity</u>	<u>Time Spent</u>			
	None at all	Only a little	Some	A lot
Literature Review				
Mentor Meetings				
Meetings with Other Key Stakeholders				
IRB Proposal				
Data Analysis				
Manuscript Writing				
Other (describe)				

2. In the past month, the time I spent working on my research has adequately been covered by the research time I am given as part of the fellowship (circle response):

- Strongly disagree (please describe):
- Disagree (please describe):
- Agree
- Strongly agree

3. I am on track to complete my research study within the fellowship timeline (circle response):

- Strongly disagree

- Disagree
  - Agree
  - Strongly agree
4. In the past month, what has helped you to make the most progress in your research study? Please describe.
5. Describe what would best help you achieve your next study milestone (e.g. finalizing study question, submitting protocol to the IRB, collecting study data, analyzing results, publishing paper, etc.) .

# Language as a Factor: Perception of Cancer Information by English and Spanish Speakers

**Christine Yany, RN, BSN, CHPN**  
**NYP Columbia/ Cardiac Care Unit**  
**Academic Practice Research Fellow**

December 9, 2022

# Background

- The impact of cancer is profound
- Information one of the largest supportive care needs
  - When not met:
    - less likely to follow treatment plans
    - more depression, anxiety
    - Increased healthcare costs
  - When met:
    - increased participation in care
    - increased treatment compliance
    - more satisfaction
- Information synthesis affected by many factors

# Cancer and Latino(a)s

- Cancer #1 cause of death
- Hispanic/ Latino(a)s are underrepresented in cancer research
  - not speaking English is a common exclusion criteria for research
- Limited English Proficient (LEP): people who speak English “less than very well”
- In the few studies that have looked at informational preferences for Latino(/a)s, the literature is mixed
  - Age/language/education level/ acculturation level/ how well treatments were explained

# Research Aims

- to explore perception of cancer information by English Proficient and primarily Spanish-speaking LEP cancer patients
- to analyze differences between the groups

# Methods

## Study design

- Cross-sectional study
- Study tool
  - European Organisation for Research and Treatment of Cancer (EORTC) Quality of Life (QLQ) INFO25 questionnaire, adapted
  - demographic questions
  - IRB approved by Columbia

## Inclusion criteria

- Diagnosed with cancer
- Started cancer treatment
- Over 18 with capacity to consent as determined by the medical team (A&Ox4)
- English vs. Spanish

# INFO25 Questionnaire

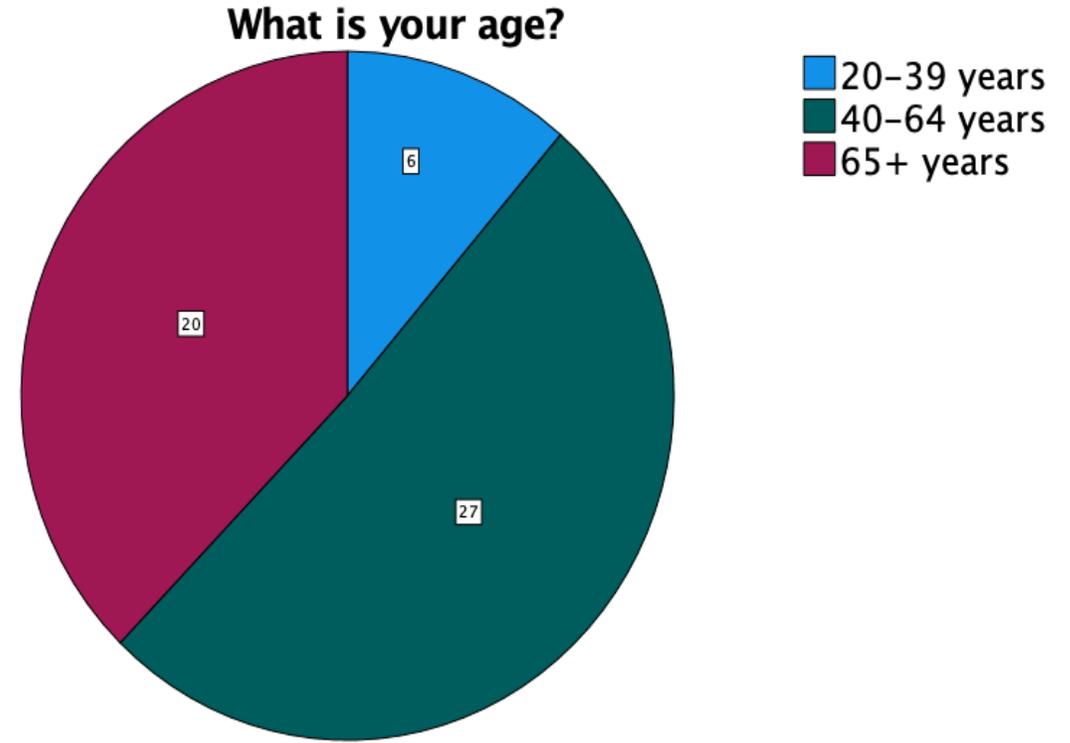
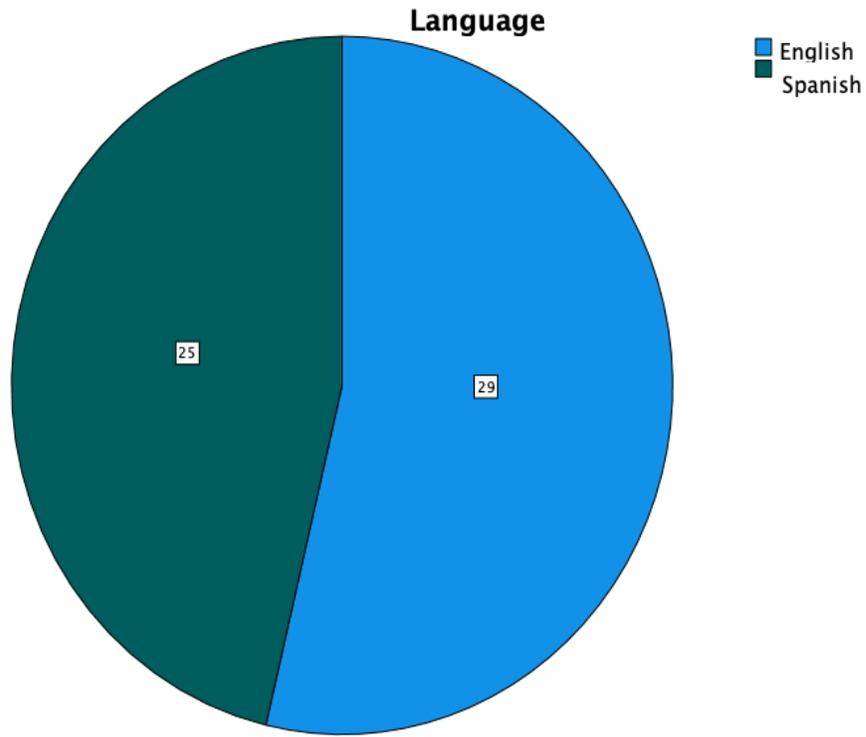
Assesses patient perception of cancer information received in various areas

- Likert scale and yes/no questions
- Scoring- subscales and global scores
- Analyzed using t-tests and generalized linear model

<b>During your current disease or treatment, how much information have you received on:</b>	<b>Not at all</b>	<b>A little</b>	<b>Quite a bit</b>	<b>Very much</b>
31. The diagnosis of your disease?	1	2	3	4
32. The extent (spread) of your disease?	1	2	3	4

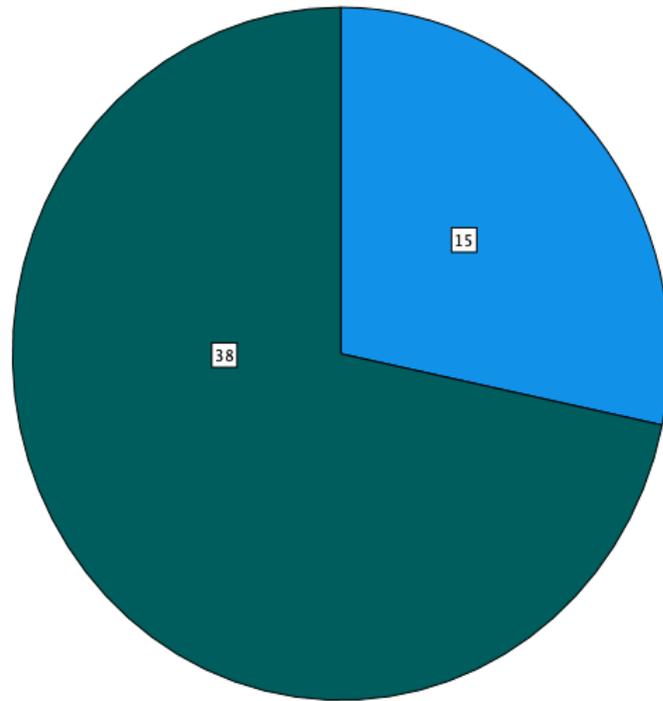
© QLQ-INFO25 Copyright 2004 EORTC Quality of life Group. All rights reserved

# Key Demographics



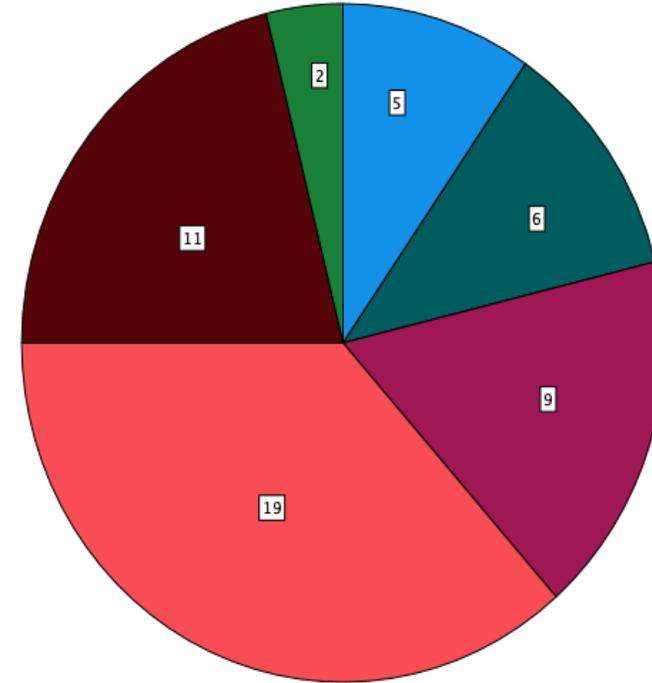
# Demographics (con't)

What gender do you identify as?



Male  
Female

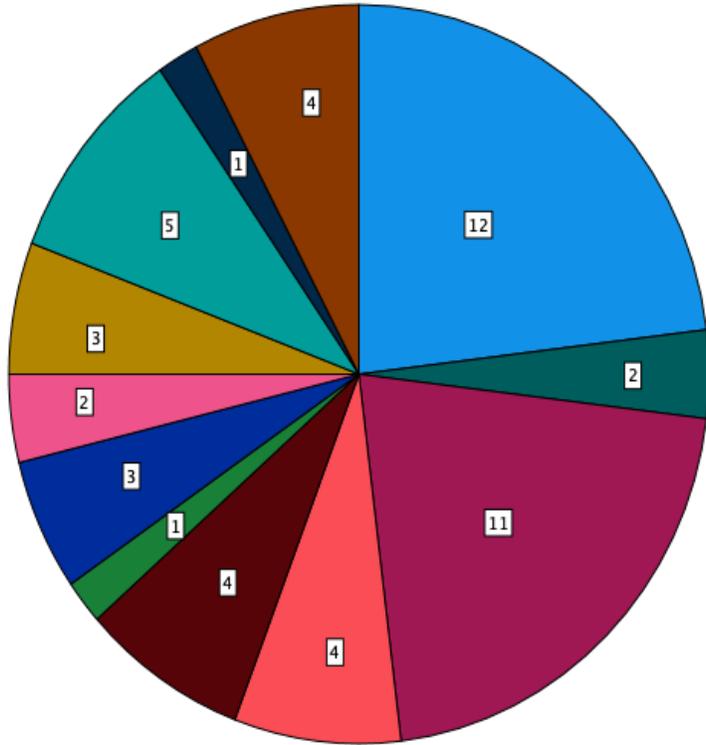
Please select your highest level of education:



elementary/primary school  
middle school  
high school diploma  
some college  
bachelor's degree  
graduate (masters, doctorate, post-doc)

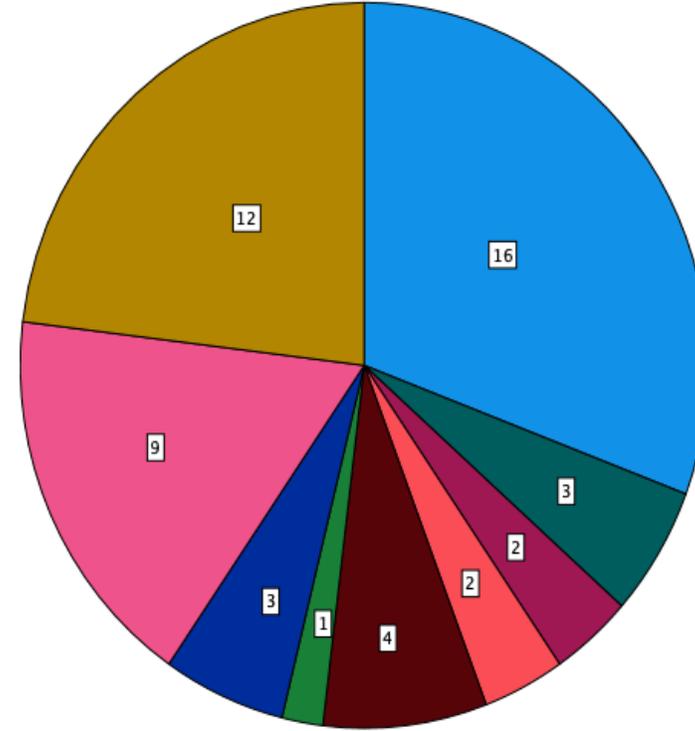
# Demographics (con't)

Primary cancer



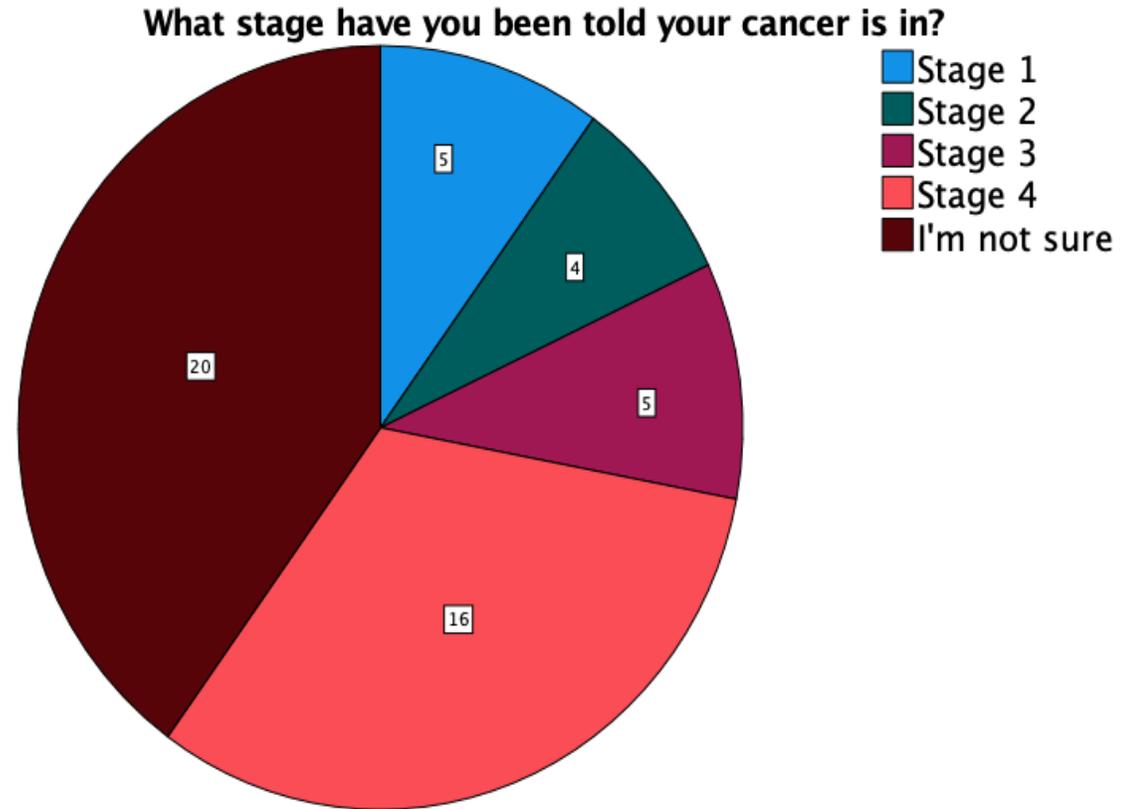
- Blood/ bone marrow (ie leukemia, lymphoma, multiple myeloma)
- Brain
- Breast
- Stomach/ Colon/ Rectal
- Endometrial/ Uterine/ Ovarian
- Kidney
- Lung
- Prostate
- Pancreatic
- Sarcoma
- Skin
- Other

What is your approximate annual household income?



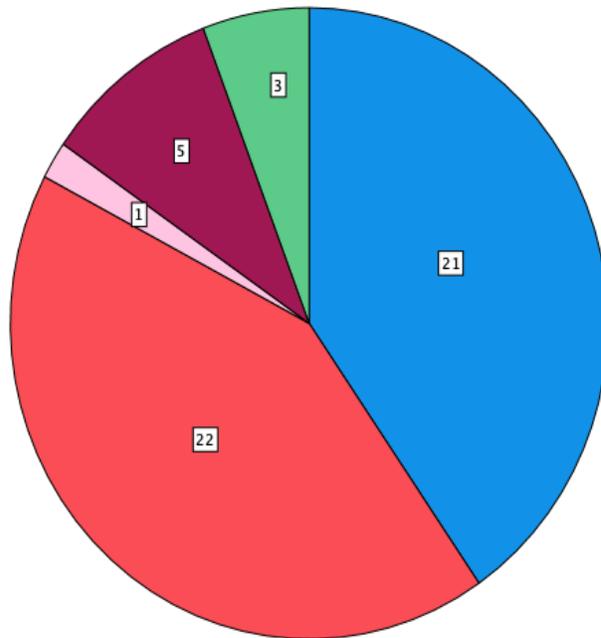
- <\$15,000
- \$15,000-\$19,999
- \$20,000-\$25,000
- \$25,000-\$34,999
- \$35,000-\$44,999
- \$45,000-\$54,999
- \$55,000 to \$64,999
- \$75,000+
- Prefer not to answer

# Demographics (con't)



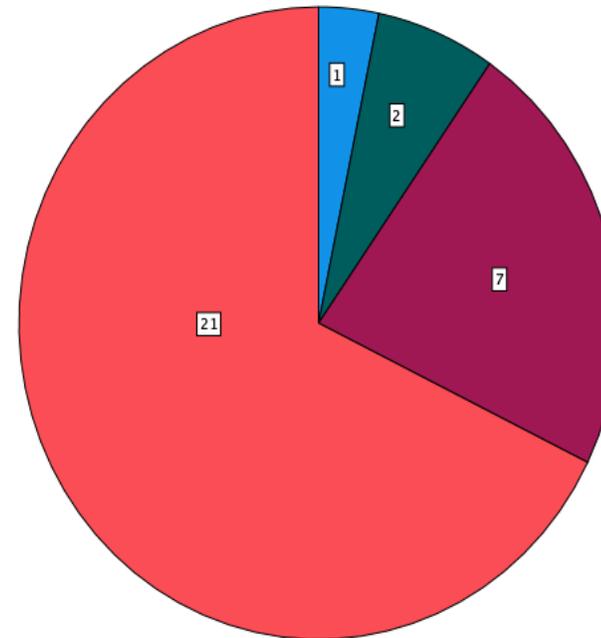
# Demographics (con't)

Country of birth



- United States
- Puerto Rico, Dominican Republic, or Cuba
- Central America
- South America
- Other

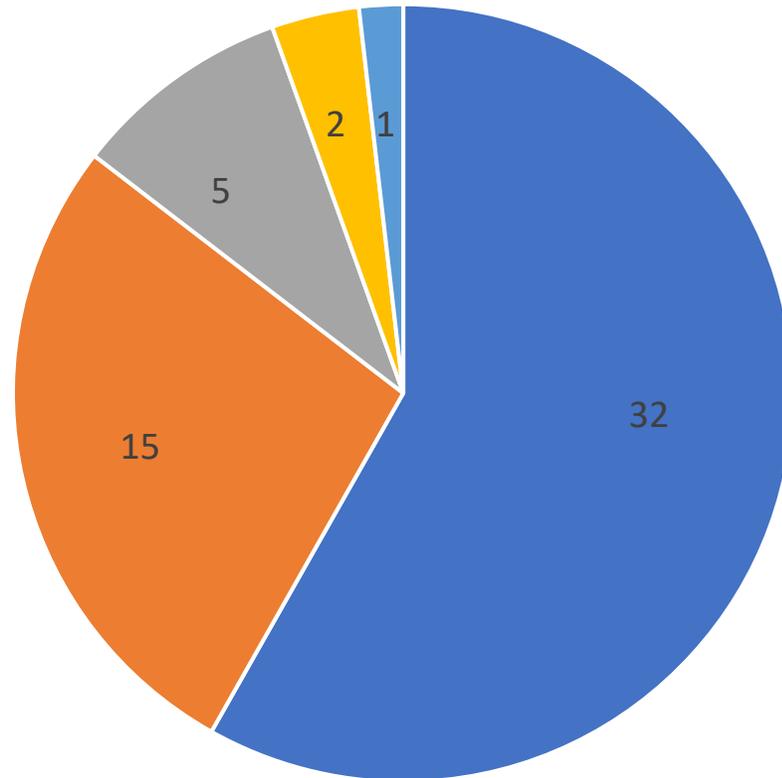
Years lived in the United States



- 0-5 years
- 6-10 years
- 11-20 years
- 21+ years

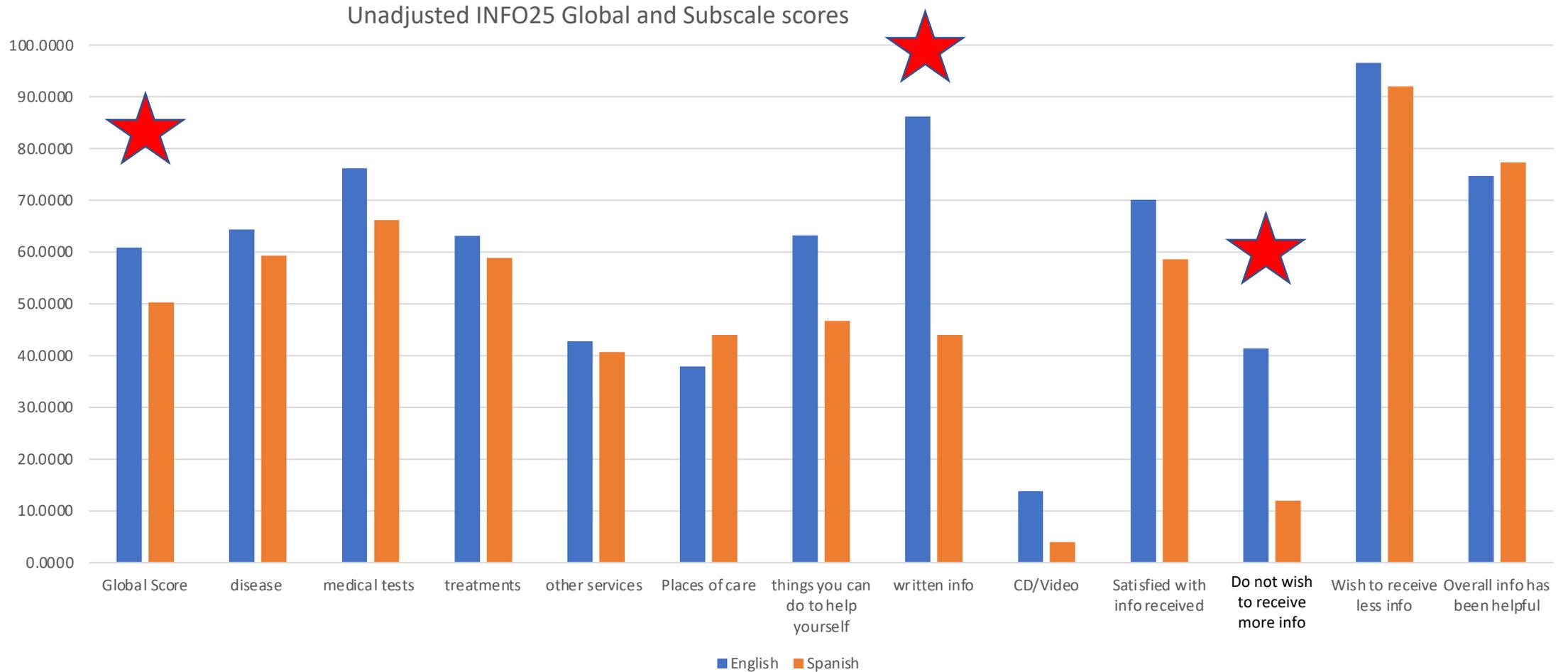
# Demographics (con't)

Race/Ethnicity



- Hispanic/Latino
- White
- Black
- Other
- Prefer not to answer

# Results



# Results (con't)

<b>Table 3: Multivariable Analysis of potential confounding variables on global score</b>			
<i>Category</i>	<i>B value</i>	<i>95% CI</i>	<i>p-value</i>
<i>Education</i>			
Less than high school diploma	Reference	-	-
At least high school diploma	-4.32	-16.52-7.87	0.487
<i>Primary Language</i>			
English	Reference	-	-
Spanish	9.19	-0.64-19.02	<b>0.067</b>
<i>Cancer stage</i>			
Early stage	Reference	-	-
Late stage	11.80	3.13-20.48	0.008*
<i>Age</i>			
Under 65	Reference	-	-
Over 65	4.361	-4.62-13.34	0.341
<i>Gender</i>			
Female	Reference	-	-
Male	-3.96	-12.97-5.05	0.389

Adjusting for covariates affected outcomes

# Key Findings

- Spanish speaking patients had a lower global INFO25 score than English speakers
- Spanish speakers were significantly less likely to have received written information and significantly more likely to report they wish they had received more information
- They also were less likely to know things that they could do to help themselves

# Secondary Analyses

- Latinos and those born outside of the U.S. also had lower global scores
- Those born outside the US , and Hispanic/Latinos received less written information
- Older adults received less written information than those under 40

# Nursing Implications

- Ensure our Spanish speaking patients receive as much information as they desire
  - Assess informational needs
  - Appropriate information delivery with teach-back
  - Gauge emotional state
- Ensure Spanish speakers receive appropriate written information
  - Eliminate barriers to access
- Repetition, repetition, repetition

# Dissemination

- EBP Research Symposium- Presented podium presentation November 2022
- Presented synopsis at Columbia Research Council
- Drafted manuscript to submit to Oncology Nursing Forum
- Plan to present at other campus-wide research initiatives

# Patient experiences- what do you want more info on?

## English

- Alternative medicine: “alt. treatments” “alt. methods of nutrition, pain management” “acupuncture”
- Clinical trials
- Medication side effects and specific treatments: “long term tx plan” “written info on tx, drug side effects, why is this recommended?” “the possibility of bone pain and use of Claritin for it” “therapy for lymphedema” “tx side effects”

## Spanish

- General disease: “my illness” “my problem” “my stage”
- “When treatments will finish, when I can go back to visit my country”
- Prognosis: “If I am going to get better” “will I be ok?” “how is my treatment going?”
- “Insurance”
- “psicoterapia”- “if I don’t have a computer”

# Acknowledgements

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- ❖ **Mentors Dr. Melissa Beauchemin and Dr. Maura Abbott**
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# References

For more information, please contact:  
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Thank you!

## **NewYork-Presbyterian Columbia University Medical Center Nursing Research Evidence Based Practice Committee Charter**

### **Purpose:**

The Nursing Research and Evidence Based Practice Committee (NREBP) consists of clinical nurses and nurse leaders committed to promoting a spirit of inquiry and curiosity amongst its constituency. The purpose of this council is to guide clinical RNs through initiatives designed to foster an interest in understanding, practicing, and conducting the latest evidence based practice initiatives and research. In doing so we hope to facilitate a sense of community amongst the nurse scientists of NYP Columbia, and create a forum for knowledge sharing.

### **Responsibilities of NREBP Members:**

- Develop and deliver communication regarding evidence based practice and research.
- Informs others about unit/department activities that are related to evidence based practice (EBP) and research
- Represents their unit/department serving as primary point of contact for EBP/Research related initiatives
- Engages others, embraces change, and delivers enthusiastic messages related to EBP/Research
- Attends scheduled meetings
- Encourage members to complete CITI training, attend PEACE Model Deep Dive, participate in Nurses' Week Parade of Posters, NYP Nursing Research Symposium, and participate in NYP/CUSON Academic Practice Research Fellowship Program

### **Decision Making and Recommendations:**

The NREBP members will use consensus building as its principle method for decision making.

### **Attendance:**

- Members are expected to actively participate.
- Members will provide notification to the chair if they cannot attend a meeting.

### **Frequency of Meetings:**

- Monthly meetings on the first Wednesday of each month from 8-9am
- Work may need to be completed between meetings.

### **Membership:**

- **Eligibility:** To be eligible to serve on NREBP one must be an NYP/Columbia employee.
- **Officers:** Chair, Co-Chair, Immediate Past Chair, Secretary. There will be the following officers in the NREBP: Chair, Co-Chair, Secretary.
- **Elections:** Chair, co-chair will be elected by NREBP members via ballot. Elections will be held annually. The Chair, Co-Chair, and Secretary shall serve a term of one year. The Co-Chair succeeds to the Chair at the end of the one-year term as Co-Chair. The Chair becomes Immediate Past Chair, the Co-Chair becomes the Chair, and the newly elected Co-Chair begins their role after elections.
- **Chair:** Selected by membership for one year tenure. The duties of the chair are as follows:

- Plan the agendas for all meetings in collaboration with Nurse Scientist
  - Preside at all NREBP meetings
  - Appoint ad hoc committees as the need arises
  - Mentor the Co-Chair to assume the position of Chair
  - Reviews minutes with nurse scientist after meetings for completeness.
  - Assures minutes are distributed prior to the next NREBP meeting.
- **Co-Chair:** Selected by membership for one year tenure. The Co-chair will become Chair after one year. The duties of the Co-Chairperson are as follows:
    - Assume the duties of the Chair in the absence of the Chair
    - Assist the Chair in the performance of duties
    - Takes minutes/attendance during NREBP meetings when secretary not present.
  - **Immediate Past Chair:** Serve one year tenure immediately following role as Chair. The duties of the Immediate Past Chair are as follows:
    - Serve as mentor for Chair and Co-chair
    - Assist the Co-chair with duties in the absence of the Chair
  - **Secretary:** Serve one year tenure. The duties of the Secretary are as follows:
    - Responsible for recording minutes and attendance of meeting
  - **Term of Office:** Elected members will begin their term after elections. All terms will expire December 31st of the year elected to the role or as decided by the NREBP leadership team based on election date. Term limits may be extended. Elected members will serve a terms as follows:
    - Co-Chair: one year term, then serve one year as Chair
    - Chair: one year term, then serve one year as Immediate Past Chair
    - Immediate Past Chair: one year term, then return to NREBP member
    - Secretary: one year term
  - **Vacancies:** The Chair, on advice and consultation of the Co-Chair has the authority to fill vacancies as they occur. The successor will serve until the next scheduled election.

### **Reporting Structure:**

- Agenda and meeting minutes will be distributed to all members for review prior to each meeting.
- Members will be responsible for keeping colleagues informed regarding activities, discussions, decisions, and projects of the NREBP meetings by reporting back to all staff of the unit/department and eliciting input regarding items under consideration.

### **Review:**

- NREBP Charter will undergo annual review by Chair, Co-Chair, and members.

# The PEACE Model

PEACE Model	
<b>P</b>	<b>PROBLEM IDENTIFICATION</b> Formulate the clinical question (PICO): P   Patient Population I   Intervention C   Comparison of Intervention O   Outcome
<b>E</b>	<b>EVIDENCE REVIEW</b> Review evidence relevant to your clinical question by searching databases.
<b>A</b>	<b>APPRAISE EVIDENCE</b> Appraise the evidence that appears highest in the hierarchy of scientific evidence for its quality and applicability to practice.
<b>C</b>	<b>CHANGE PRACTICE OR CONDUCT RESEARCH</b> If evidence is sufficient, embark on improvement project to address practice change. If evidence is insufficient to warrant practice change, conduct research.
<b>E</b>	<b>EVALUATE AND DISSEMINATE FINDINGS</b> Evaluate the impact of the implemented practice change and research results. Disseminate findings through publication, oral and poster presentations.

# DEEP DIVE



PLEASE JOIN US FOR A ONE-DAY INTENSIVE VIRTUAL WORKSHOP FOCUSED ON USING THE PEACE MODEL FOR EVIDENCE-BASED PRACTICE AND RESEARCH.

YOU WILL HAVE A GREAT OPPORTUNITY TO • LEARN THE PEACE Model • SHARE YOUR RESEARCH INTERESTS • NETWORK WITH YOUR PEERS • GET ASSISTANCE FROM THE EXPERTS.

## WHEN:

- ✚ Wednesday, March 29, 2023 (virtual), 9:00 AM – 5:00 PM
- ✚ Wednesday, October 18, 2023 (virtual), 9:00 AM – 5:00 PM

TO REGISTER <https://www.nyp.org/professionals/continuing-medical-education/nursing-professional-development-cme>

### CNE Accreditation Statement

NewYork-Presbyterian Hospital Nursing Professional Development, is an approved provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation, P#0675

**Participants will be awarded 7.0 contact hours.**

This symposium requires participant's full program attendance and completion of any required course documents. The Planning Committee, presenters, faculty, authors, and content reviewers have no conflicts of interest to disclose. Disclosure forms are required and have been reviewed for any issues. Speakers are required to present balanced and unbiased presentations. The presentation content has been reviewed, and any bias has been eliminated. Accredited status does not imply endorsement by NewYork-Presbyterian, or ANCC

**There is no commercial support was received for this educational activity.**

Commission on Accreditation of any commercial products displayed in conjunction with this program.

## LEARNING OUTCOME

Demonstrate knowledge of the PEACE Model process from problem identification to dissemination of findings including differentiating between EBP, research and quality improvement as well as identifying resources to support clinicians by passing a post-test with a score of at least 80%.

## INTENDED PARTICIPANTS

Nurses at all levels who would like to increase their knowledge and competency with EBP and Research.

## FACULTY

- ✚ Alexandra N. Shelley, MS, RN-BC, FNP-BC
- ✚ Allison Norful, PhD, RN, ANP-BC, FAAN
- ✚ Jessica O'Brien Gufarotti, MS, RN, AGCNS-BC, PCCN
- ✚ Kasey Jackman, PhD, RN, PMHNP-BC
- ✚ Kenrick Cato, PHD, RN, CPHIMS, FAAN
- ✚ Ray N. Gannon, PhD, RN, ARNP
- ✚ Reynaldo R. Rivera, DNP, RN, NEA- BC, FAAN, FAONL

## Cost

**NYPH/REGIONAL HOSPITAL**

**NETWORK EMPLOYEES: \$175**

**ALL OTHER REGISTRATIONS: \$225**

Registration includes all course materials and *The PEACE Model: Evidence-Based Practice Guide for Clinical Nurses eBook (2021)* by Rivera, RR & Fitzpatrick, JJ.

✚ **NewYork-Presbyterian**

# Get Published!

## Coaching for Nurses: Writing for Publication Workshop

- ✦ Have you always wondered how to get from expert clinician to published author? Would you like to see your name in print?
- ✦ Have you presented your work at local, regional, national and international conferences and would like to publish this work? If so, we would like you to participate in this coaching program.

Join us for a workshop focused on *what every nurse needs to know about the planning, execution and enjoyment of writing for publication.*

### LEARNING OUTCOMES:

After the course, 80% of the participants will be able to describe the phases of moving ideas to published report and develop the beginnings of a manuscript for submission to nursing and/or healthcare journal.

Participants will be awarded 7.5 contact hours

The NewYork-Presbyterian is an approved provider of continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. #0675

This course requires participant's full program attendance and completion of any required course documents. The Planning Committee, presenters, faculty, authors and content reviewers have no conflicts of interest to disclose. Disclosure forms are required and have been reviewed for any issues. Speakers are required to present balanced and unbiased presentations. The presentation content has been reviewed and any bias has been eliminated. Accredited status does not imply endorsement by NewYork Presbyterian or ANCC Commission on Accreditation of any commercial products displayed in conjunction with this program.

There is no commercial support for this program.

### Meet the Editors

In the afternoon of the workshop, participants will have the opportunity to meet our esteemed editors. They will discuss the kinds of articles their journals are interested in publishing, the process of reviewing manuscripts for considerations and share their lessons learned in publishing.

#### Panelists:

- **Sean Clarke, PhD, RN, FAAN**, Editor-in-Chief, Nursing Outlook, and Executive Vice Dean, NYU Rory Myers College of Nursing
- **Stephen Ferrara, DNP, RN, FNP-BC, FAAN, FAANP, FNAM**, Editor-in Chief, Journal of Doctoral Nursing Practice, and Associate Professor of Nursing at Columbia University School of Nursing
- **Joyce J. Fitzpatrick, PhD, RN, FAAN, FNAP**, Editor, Archives of Psychiatric Nursing, and Nursing Education Perspectives. She is a Professor at Frances Payne Bolton School of Nursing, Case Western Reserve University
- **Carl A. Kirton, DNP, MBA, RN, ANP**, Editor-in-Chief, American Journal of Nursing
- **Rose Sherman, EdD, RN, NEA-BC, FAAN**, Editor-in-Chief, Nurse Leader

**Facilitator:** Reynaldo R. Rivera, DNP, RN, NEA-BC, FAAN, FAONL, Director of Nursing Research and Innovation, NewYork-Presbyterian Hospital



### INTENDED PARTICIPANTS:

Nurses who completed scholarly project and he/she is committed to publishing his/her work.

**Tuesday**

**May 9, 2023**

9:00 A.M. - 4:00 P.M.

Virtual

**TO REGISTER**

[WWW.NYP.ORG/NURSING/NEWS/CME](http://WWW.NYP.ORG/NURSING/NEWS/CME)

Registration includes workshop participation and writing coaching with Dr. Joyce Fitzpatrick

### Writing Coach and Workshop Facilitator



Joyce J. Fitzpatrick, PhD, MBA, RN, FAAN is Professor of Nursing, Bolton School of Nursing, Case Western Reserve University in Cleveland Ohio. She has provided consultation to hundreds of nurses globally, particularly focused on helping nurses with writing and publication. Dr. Fitzpatrick is widely published in nursing and health care literature with over 300 publications, including more than 80 books.

The logo for the Nursing Research Symposium features the word "NURSING" in large, white, sans-serif capital letters. Each letter is filled with a different photograph of healthcare professionals in various settings, including nurses, doctors, and medical equipment. Below the word "NURSING" is the text "RESEARCH SYMPOSIUM" in a smaller, grey, serif font.

**NURSING**  
**RESEARCH SYMPOSIUM**

**The 12th Annual NewYork-Presbyterian Hospital  
Nursing Research, Evidence-Based Practice and Innovation Symposium**

**A PATH FORWARD:  
LEVERAGING RESEARCH & EBP TO FORGE AHEAD**

**Wednesday, November 16, 2022  
9:00 a.m. – 5:00 p.m.**

**Virtual Symposium**

## CONTINUING EDUCATION DISCLAIMER

*A maximum of 7.5 contact hours will be awarded for attending this offering. The NewYork-Presbyterian Hospital Nursing Continuing Professional Development is an approved provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. P#0675*

*This symposium requires participant's full program attendance and completion of any required course documents. The Planning Committee, presenters, faculty, authors, and content reviewers have no conflicts of interest to disclose. Disclosure forms are required and have been reviewed for any issues. Speakers are required to present balanced and unbiased presentations. The presentation content has been reviewed, and any bias has been eliminated. Accredited status does not imply endorsement by NewYork-Presbyterian, or ANCC Commission on Accreditation of any commercial products displayed in conjunction with this program.*

## HOW TO CLAIM CONTACT HOURS

In order to receive full contact hour credit for this Nursing Continuing Professional Development (NCPD) activity, participants must:

- Attend the whole scheduled learning activity
- Participate in discussion and other learning activities
- **Complete the evaluations online no later than seven business days (November 23)**

Completion of evaluation is necessary to earn the nursing continuing professional development credit for this course. By the end of the event, you will receive an email with a link to the Evaluation Form. Please complete the online evaluation ASAP. **Please note that only participants who have completed an evaluation will be eligible for a certificate.**

Once your evaluation is received, you will receive an email with a link to download your certificate. **Certificates will only be available electronically—it will not be mailed.**

**If you have questions regarding this process, please contact: Laarni C. Florencio, MSN, RN, CNL, FNYAM, at [lcf9006@nyp.org](mailto:lcf9006@nyp.org) or 212.746.5686.**

## SYMPOSIUM LEARNING OUTCOME

- After the symposium, at least 80% of the attendees will be able to describe the change in practice that they will apply to increase organizational capacity for conducting research.

# PROGRAM OF EVENTS

9:00 a.m. – 9:10 a.m.

## Welcome Remarks and Program Overview

**Reynaldo R. Rivera, DNP, RN, NEA-BC, FAAN**

Director of Nursing Research and Innovation  
NewYork-Presbyterian

9:10 a.m. –10:00 a.m.



## Keynote Address:

## The Path Forward: Leveraging Research and EBP to Influence Practice and Policy Change across the Healthcare Continuum

**Allison A. Norful, PhD, RN, ANP-BC, FAAN**

Assistant Professor, Columbia University School of Nursing  
Nurse Scientist, NewYork-Presbyterian Hospital

As the landscape of healthcare continues to evolve, nursing research and EBP have the potential to influence practice and policy change greatly. The influence of rigorous strategies to promote optimal quality, safety, and service outcomes at the bedside will be discussed.

10:00 a.m. – 11:00 a.m.

## Clinical Nursing Exemplar Presentations

Presenters will highlight research and evidence-based practice projects conducted by nurses and interprofessional teams across the NYP campuses.

Presenters	Exemplars
Richard Canlas, MSN, RN, CEN	<i>Chute it when you get it!</i> : A Rapid Process Improvement to reduce the rate of hemolysis & turnaround time in the Emergency Department
Alexis M. Aningalan, MSN, RN, CWON, WCC	Driving Hospital-Acquired Pressure Injuries (HAPIs) to Zero: A Quality Improvement Project
Hazel Holder, DNP, RN, ACCNS-AG, CCRN	Feasibility of Nasal Bridge Pressure Injury Prevention with N95 Mask
Nadine A. Chang, PhD, Lindsay Ostrander, BSN, RN, PMH-BC, Sandra Dominguez, BSN, RN	Suicide Prevention Training for Inpatient Psychiatry Staff
Daniella Camera, BSN, RN, CNOR & Alexandra N. Shelley, MS, RN, CV-BC, FNP-BC	A virtual meeting tools for Committee Meetings in Nursing

## Moderator

**Ray Gannon, PhD, RN**

11:00 a.m. – 12:10 p.m.

### **Academic-Practice Research Fellowship Program at NewYork-Presbyterian**

This panel will showcase the research of the three Academic-Practice Research Fellows currently in the second year of the Fellowship. The Academic-Practice Research Fellowship is a structured certificate program for New York-Presbyterian Hospital nurses to gain formal guidance and mentorship from Columbia University School of Nursing (CUSON) faculty and affiliated schools in conducting and disseminating research. Fellows in this competitive two-year program receive one-on-one mentorship from doctoral-prepared nurses, statistical consultation, hands-on guidance in disseminating study results, continuing education credits, and a certificate of attendance from NYP upon successful program completion. The Fellows on this panel are nearing completion of their Fellowship and will present their research findings to date.

#### **Panelists**

**Narda Carrion-Hernandez, BSN, CCRN**

NYP /Columbia University Irving Medical Center, NY, NY

**Mary-Jo Curran, MSN, RN, NP, PMHCNS-BC**

NYP Westchester Behavioral Health Center, NY

**Kimberly Hadson, BSc, BSN, RN, PMH-BC**

NYP/Weill Cornell Medical Center, NY, NY

**Seon Mi Jeong, MN, RN, APRN, NNP-BC, VA-BC**

NYP Morgan Stanley Childrens' Hospital, NY, NY

**Lindsey Stevens, BSN, RN, CCRN**

NYP/Columbia University Irving Medical Center, NY, NY

**Christine Yany, BSN, RN**

NYP Columbia University Irving Medical Center, NY, NY

#### **Moderator**

**Kasey B. Jackman, PhD, RN, PMHNP-BC**

Assistant Professor of Nursing, Columbia University, NY, NY

Nurse Scientist, NewYork-Presbyterian, NY, NY



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12:10 p.m. – 1:10 p.m. • LUNCH

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**1:10 p.m. – 2:00 p.m.**

**Leadership Fireside Chat on Authentic Nurse Leadership, Healthy Work Environment, Pandemic Impact, Intent to Leave, and Well-Being**

Panelists will focus on the perceptions of clinical nurses and nurse leaders about authentic nurse leadership, healthy work environment, pandemic impact, well-being, intent to leave their position, profession, and impact on nursing practice.

**Speakers**

**Rosanne Raso, DNP, RN, NEA-BC, FAAN, FAONL**

Vice-President & Chief Nursing Officer  
NewYork-Presbyterian/Weill Cornell, NY, NY

**Gary Camelo, DNP, MPA, LMSW, RN, NE-BC**

Patient Care Director, 8 North  
NewYork-Presbyterian/Weill Cornell, NY, NY

**Moderator**

**Joyce J. Fitzpatrick, PhD, MBA, RN, FAAN, FNAP**

Director, Marian K. Shaughnessy Nurse Leadership Academy  
Elizabeth Brooks Ford Professor of Nursing  
Frances Payne Bolton School of Nursing  
Distinguished University Professor  
Case Western Reserve University

**2:00 p.m. – 3:00 p.m.**

**Innovation in Nursing Informatics**

This panel will focus on innovation in nursing. Drs. Kenrick Cato, Sarah Rossetti, and Jennifer will briefly describe their projects and research studies to improve the quality and safety of patient care. Their cutting-edge work will highlight some emerging areas of nursing informatics research.

**Kenrick Cato, PhD, RN, CPHIMS, FAAN**

Assistant Professor of Nursing, Clinical Informatics, Columbia University  
Nurse Scientist, NewYork-Presbyterian Hospital  
Columbia University, NY, NY

**Sarah Collins-Rossetti, PhD, RN, FAAN, FACMI, FAMIA**

Associate Professor of Biomedical Informatics and Nursing  
Columbia University, NY, NY

**Jennifer Carpenter, MSN, RN**

Chief Nursing Officer, UH Rainbow Babies & Children's Hospital &

**Moderator**

**Geeta Nastasi, MS, RN**

Chief Nursing Informatics Officer  
NewYork-Presbyterian, NY, NY

**3:00 p.m. –3: 50 p.m.**

**Endnote Address:**

**Nursing Research under FIRE (Fourth Industrial Revolution): Changes, Challenges, Chances, and Choices**



**Michael Joseph Diño, PhD, MN, RN, LPT, FAAN**

Johns Hopkins School of Nursing, Baltimore, MD  
President, Phi Gamma Chapter  
Sigma Theta Tau International Honor Society in Nursing  
Director, Research Development & Innovation  
Our Lady of Fatima University

The emergence of Fourth Industrial Revolution (also 4IR, FIRE) technologies continues to revolutionize the health care system. This industry shift is accompanied by exciting opportunities and inevitable challenges to nursing practice globally that have already captured the interests of scholars in the field. Inspired by the diffusion of innovation theory and the PEACE model for evidence-based practice, this session will highlight the healthcare changes and challenges associated with 4IR. It will showcase evidence-based insights, research examples, and various creative and proactive solutions to maximize the benefits brought by this industry shift and mitigate its potential perils to quality and human-centered nursing practice.

**3:50 p.m. –4: 00 p.m.**

**Summary, Course Evaluations, Questions & Answers**

**Reynaldo R. Rivera, DNP, RN, NEA-BC, FAAN**

Director of Nursing Research and Innovation  
NewYork-Presbyterian

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**4:00 p.m. – 5:10 p.m. • POSTER SESSION**

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## Poster Presentations

The posters are available online:

<https://vimeo.com/showcase/8981757>

**Password is November2022**

To earn contact hours for the poster presentations, please evaluate at least ten (10) posters using the program evaluation within seven business days (November 23). You can document your feedback on our online survey.

### **A Performance Improvement Project on Use of Single-needle Option in Optimizing Therapeutic Plasma and Red Blood Cell Exchange**

*Sam Martinez, BSN, RN, CNN, Robee Ravago, BSN, RN, CNN, Marifel (Max) Axalan, BSN, RN, CNN  
NewYork-Presbyterian Weill Cornell Medical Center*

### **Attitudes of Registered Nurses Caring for Adults with Intellectual and Developmental Disabilities in an Acute Care Setting: A mixed method study**

*Marie Lourdes Charles, EdD, RN-BC, FNYAM, Rajdeep Kaur, MSN, RN-ONC  
Pace University, College of Health Professions*

### **Authentic Nurse Leadership's Relationship to a Culture of Safety**

*Gary Camelo DNP, MPA, LMSW, RN, NE-BC, Mary T. Quinn Griffin, PhD, RN, FAAN, ANEF  
NewYork-Presbyterian Weill Cornell Medical Center*

### **Charting a Path to Health Equity through Engagement of Nurse Practitioners in the APN Council**

*Katherine Rufo, MSN, FNP-BC, Deborah Guerra, DNP, FNP-BC  
NewYork-Presbyterian Lawrence Hospital*

### **Continuing the Journey to Magnet Designation Amidst a Global Pandemic**

*Evelyn Choy, MSN, RN, NEA-BC  
NewYork-Presbyterian Allen Hospital & NewYork-Presbyterian Columbia University Irving Medical Center*

### **Effectively Diagnose and Manage Hypertension in Primary Care**

*Adzowo Akpedze Fafa SAM GONE, DNP, RN, CNM  
NewYork-Presbyterian Hospital Allen Hospital, Ambulatory Care Network*

### **Experiences of Early Adopters of COVID Vaccine**

*Joy Lorena Henderson, PhD, RN, Marie Lourdes Charles, EdD, RN-BC, FNYAM  
Pace University*

### **External Female Catheters Decrease CAUTI Rates**

*Jade Lugtu, BSN, RN-BC  
NewYork-Presbyterian Lawrence Hospital*

## **Fostering an Environment Promoting Nurse Resiliency and Combatting Nurse Burnout**

Wesley J. Stephens, MSN, RN, CCRN, NE-BC, Stacy Stenglein, MN, RN, CRNP, CPNP, CPN, NEA-BC, Brittany Sobin, MSN, RN, NE-BC, CPNP, Penelope Theodoropoulos, MSN, RN, CPN, Jennifer Kent, MA, APC  
NewYork-Presbyterian Morgan Stanley Children's Hospital

## **Looking at the Evidence: Finding Strategies to Decrease Oncology Nursing Burnout**

Nicole M. Turkoglu, MSN, RN, OCN, BMTCN, Nadeen Robinson, MSN, RN, OCN Juliet Hernandez Henriquez, BSN, RN, Archana Shenoy, DNP, RN, FNP-C, OCN  
NewYork-Presbyterian Columbia University Irving Medical Center

## **Palliative Care in the Emergency Department**

Anna Krakowski, MS, RN-BC, AGPCNP-BC, ACHPN, CHPN, Karen Antequera, MSN, RN, MEDSURG-BC, David Bodnar, MD  
NewYork-Presbyterian Lower Manhattan Hospital

## **Patient care And Tracking Increasing Electronics in Nurses' use of Time (PATIENT)**

Aideen Ky Briones, DNP, RN, BC, CCRN, Carolyn Sun, PhD, RN, ANP-BC, Caroline Fu, MPH, Riza Matzner, DNP, RNC-OB, C-EFM, Patricia Prufeta, DNP, RN, NEA-BC  
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## **Quality Improvement Competence and Reported Quality Improvement Projects to Reduce Falls on Inpatient Psychiatric Units**

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## **Reducing Falls in Ambulatory Surgery**

Stephanie Sarmiento, BSN, RN, CAPA  
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## **RID Project – Removing Indwelling Devices to Decrease HAPIs & CAUTIs!**

Cosme F. Taibe, BSN, RN, CCRN-K, Mary Anne Gallagher, DNP, Ped-BC, Tzipora Schwartz, MSN, RN, CPHQ  
NewYork-Presbyterian Brooklyn Methodist Hospital

## **Social Isolation Screening among Hospitalized Older Adults**

Catherine Biviano, DNP, RN, NPD-BC, ONC, NEA-BC  
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## **Social Media Influence on Eating Behavior and Body Image Among Adolescents and Young People**

Rachel Hechler, MSN, RN, Alyssa Lee, MSN, RN, Sara Murphy, MSN, RN  
Gracie Square Hospital

## **The Best Practices to Promote Nurse Retention in Critical Care Units**

Jiaojiao Wright, MSN, RN, Corey Crowe, MSN, RN, Katelyn Reszotko, MSN, RN  
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## **The Upshot: Pregnancy, COVID-19 and Risk Factors for Severe Disease**

Amy Alpern, DNP, CNM, WHNP

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## **Weekly Nurse-Driven Central Line Rounding to Decrease Central Line Days**

Merlin Koppara, BSN, RN, CCRN, Harsha Perera, BSN, RN, CCRN-CSC

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## **With Gratitude: Content Analysis of Thank You Notes from Nurses Receiving COVID- 19 Grants**

Linda Millenbach, PhD, RN, Rhonda Maneval, EdD., RN, Doreen Rogers, DNS, RN, CNE, Kathleen Sellers, PhD, RN,

Jennifer L. Pettis, MS, RN, CNE, Deborah Elliott, MBA, BSN, RN, Mary Anne Gallagher, DNP, RN, Ped-BC, Nancy

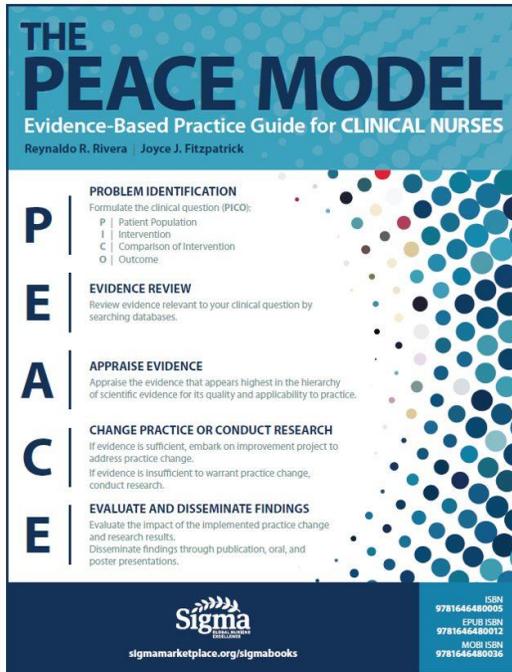
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## NewYork Presbyterian PEACE Model



### Free Resources

Go to the Sigma Repository for printable color PEACE model quick reference, a sample chapter, and other useful downloadable materials. Visit the page at <http://hdl.handle.net/10755/21383> or simply scan the QR code below to go directly to the repository page.





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