

APPENDIX E: RECOMMEND NURSING SKILLS CHECKLIST FOR CLINICAL ROTATION

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| <input type="checkbox"/> Perform and document physical exam | <input type="checkbox"/> Apply eye ointment/drops |
| <input type="checkbox"/> Perform vital sign monitoring | <input type="checkbox"/> Brush teeth |
| <input type="checkbox"/> Radial, DP/PT pulse check: manually/Doppler probe | <input type="checkbox"/> Change all tape |
| <input type="checkbox"/> Perform finger stick blood sugar | <input type="checkbox"/> Adjust ventilator settings: understand FiO ₂ , TV, PS, PEEP, etc. |
| <input type="checkbox"/> Perform phlebotomy | <input type="checkbox"/> Auscultate lungs |
| <input type="checkbox"/> Manually titrate IV fluid drip rates | <input type="checkbox"/> Measure compartment pressures (extremities, abdominal) |
| <input type="checkbox"/> Monitor hourly urine output | <input type="checkbox"/> Perform wound care (trauma, burn) |
| <input type="checkbox"/> Perform US dipstick | <input type="checkbox"/> Irrigate wounds |
| <input type="checkbox"/> Measure gastric residual | <input type="checkbox"/> Debride wounds |
| <input type="checkbox"/> Insert Foley; perform Foley care | <input type="checkbox"/> Auscultate and palpate abdomen |
| <input type="checkbox"/> Flush PRN IV locks | <input type="checkbox"/> Provide appropriate nutrition |
| <input type="checkbox"/> Start peripheral IV | <input type="checkbox"/> Perform escharotomy (animal lab, simulation) |
| <input type="checkbox"/> Administer IV/oral medications | <input type="checkbox"/> Insert IO (simulation: sternum, humerus, tibia) |
| <input type="checkbox"/> Monitor GCS/pain (1 – 10 or nonverbal pain scale)/sedation levels (RASS scale) | <input type="checkbox"/> Perform neuro exam |
| <input type="checkbox"/> Effectively titrate analgesics | <input type="checkbox"/> Calculate total burn size (Rule of nines, Lund-Brower) |
| <input type="checkbox"/> Effectively titrate sedatives/daily wake up for neuro evaluation | <input type="checkbox"/> Calculate burn resuscitation: starting volume (Rule of 10's), total volume (Ivy Index) |
| <input type="checkbox"/> Insert OG/NG tube | <input type="checkbox"/> Titrate burn resuscitation fluid to meet target urine output |
| <input type="checkbox"/> Perform Cric (Trach) care | <input type="checkbox"/> Perform ultrasound FAST exam |
| <input type="checkbox"/> Endotracheal suctioning | <input type="checkbox"/> Perform blood typing using Eldon Card |
| <input type="checkbox"/> Perform oral suctioning | <input type="checkbox"/> Perform blood donor screening procedure |
| <input type="checkbox"/> Perform nasal care | <input type="checkbox"/> Reduce/splint fractures (Simulation) |
| <input type="checkbox"/> Perform oral care | <input type="checkbox"/> Convert tourniquet (Simulation) |
| <input type="checkbox"/> Apply lip balm | |