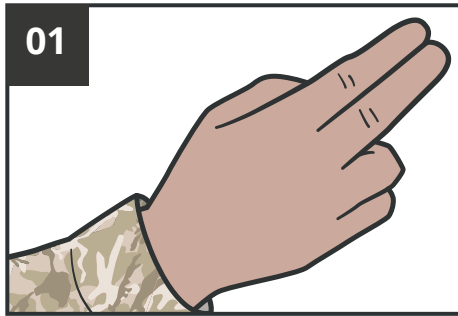
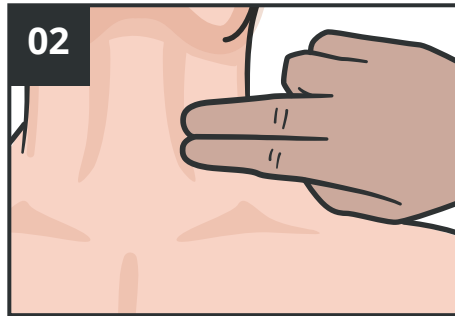


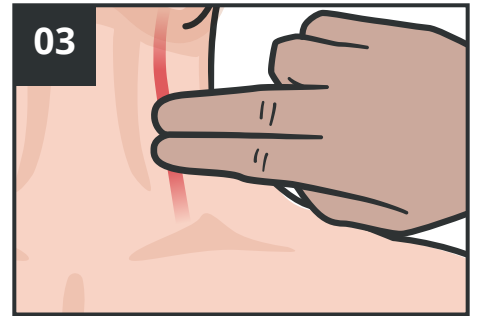
CAROTID PULSE ASSESSMENT



01
ALIGN the middle and index fingers of your dominant hand.



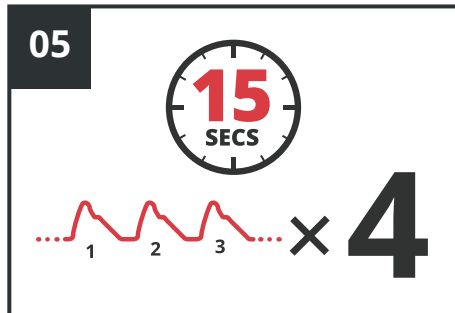
02
PUT your middle and index finger on side of the casualty's neck, to the side of the windpipe, to find the carotid artery.



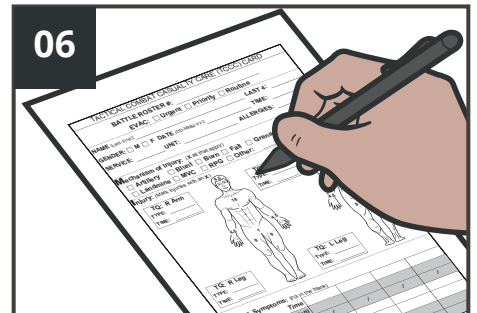
03
PRESS your fingers into the hollow space to feel the carotid artery beneath the skin.



04
When you succeed in finding the pulse, **COUNT** the beats of the pulse for 15 seconds with a timing device.



05
MULTIPLY that number by four, and you will have the casualty's pulse rate (in beats/minute).



06
DOCUMENT all findings and treatments on the DD1380 TCCC Casualty Card.

STEP 03 NOTE: If you cannot feel the pulse, press a little harder, being careful not to hurt the casualty.

CAUTION: Be careful not to press too hard over the carotid artery, as this can cause your patient to become lightheaded.