## STUDENT NAME:

## PERFORMANCE STEPS

$1^{\text {st }}$ Attempt $\quad 2^{\text {nd }}$ Attempt

## TOURNIQUET CONVERSION

1. Considered body substance isolation.
2. Exposed the wound, if it was not previously exposed.
3. Removed the hemostatic dressing or gauze from its sterile package. NOTE: If hemostatic dressing or gauze was not available, used clean, dry cloth material.
4. Packed the dressing tightly into the wound.

NOTE: Filled and packed the whole wound cavity tightly and kept firm pressure on the wound.
5. Ensured the hemostatic dressing or gauze extended 1-2 inches above the skin.
NOTE: If the hemostatic dressing or gauze did not extend 1-2 inches above the skin, placed additional hemostatic dressing or gauze.
NOTE: If a penetrating object was lodged in the casualty's body, bandaged it in place. Did not remove the object.
6. Continued to apply firm, manual pressure for a minimum of 3 minutes, after the wound was packed.
7. Removed the pressure bandage from its package.
8. Placed the pad of the pressure bandage directly over the wound or previously applied hemostatic dressing; continued to apply direct pressure.
9. Wrapped the pressure/elastic bandage tightly around the extremity with focused pressure over the wound and ensured that the edges of the pad were covered.
10. Secured the hooking ends of the hook and looped straps or closure bar onto the last wrap of the bandage.
11. Slowly released the tourniquet (over one minute); observed the bandage for bleeding.
NOTE: If bleeding reoccurred, retightened the original tourniquet and ensured bleeding was controlled and the distal pulse was absent.
Evaluator states, "bleeding is controlled" OR "bleeding is not controlled" after the tourniquet is released.
12. Documented all findings and treatments on a DD Form 1380 TCCC Casualty Card and attached it to the casualty.

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| Demonstrated TCCC Proficiency: Yes No |  |
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## Notes:

