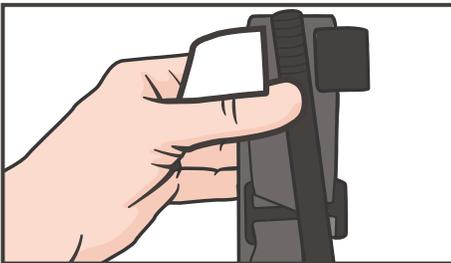
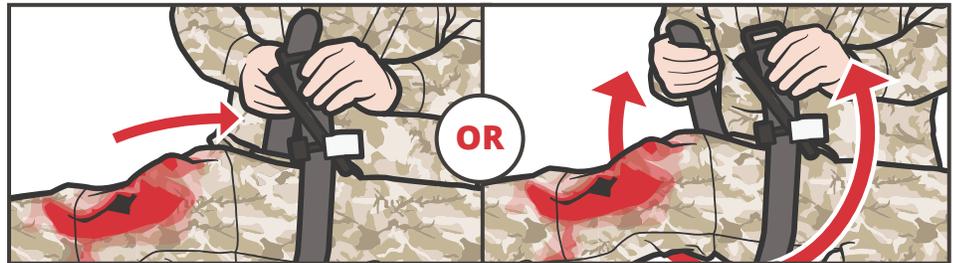


# TWO-HANDED (WINDLASS) TOURNIQUET APPLICATION

## CARE UNDER FIRE (CUF)

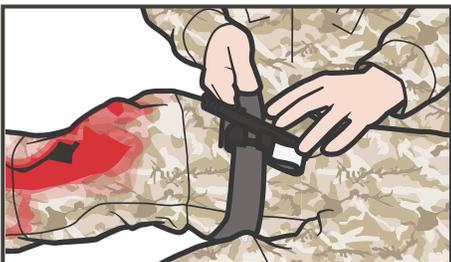


**01 REMOVE** tourniquet from the JFAK and/or carrying pouch.



**02a INSERT** wounded extremity through the loop of the self-adhering band (looped).

**02b ROUTE** band around limb; pass the tip through the slit of the routing buckle.



**03 POSITION** the tourniquet above the bleeding site, high on the extremity over the clothing/uniform.



**04a ENSURE** all the slack in the self-adhering band is pulled through the routing buckle before the band is fastened back on itself and the windlass is twisted.



**04b FASTEN** the self-adhering band back on itself all the way around the limb, but not over the windlass rod clips.



**05 TWIST** the windlass rod until bleeding has stopped (complete steps 1-5 in under 1 min).



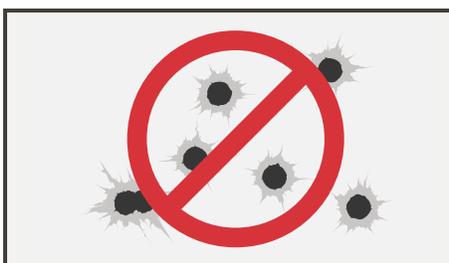
**06 LOCK** the windlass rod in place with the windlass clip.



**07 ROUTE** self-adhering band around rod and between clips.



**08 SECURE** with the windlass safety strap.



**09** If no other major bleeding is present, **MOVE CASUALTY TO COVER.**

**STEP 8 NOTE:** Do not document tourniquet application time until the Tactical Field Care phase.