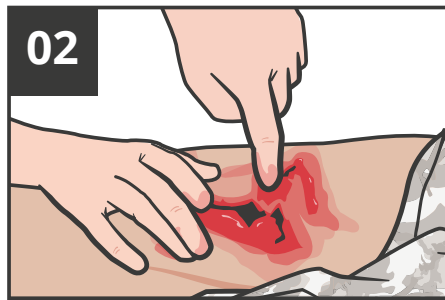




01
IDENTIFY the wound and **EXPOSE** the injury



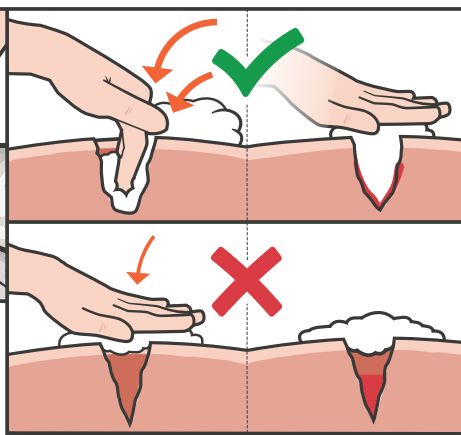
02
Attempt to **LOCATE** the active bleed and apply direct pressure



03a
REMOVE the dressing from sterile package



03b
PACK the most active bleeding wound first



04
APPLY DIRECT, FIRM PRESSURE for at least 3 min or until the bleeding stops



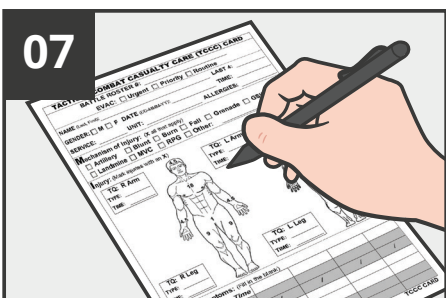
3 MINS



05
REASSESS to ensure bleeding has stopped



06
APPLY a pressure bandage to secure the dressing over the wound



07
DOCUMENT medical aid on a DD1380 TCCC Card



08
COMMUNICATE with medical personnel any aid provided