

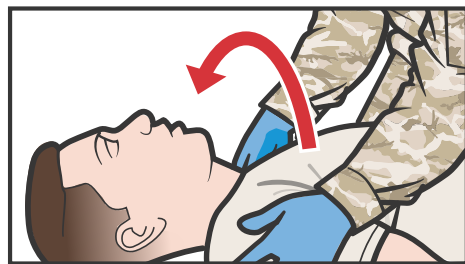
HEAD-TILT/CHIN-LIFT

NOTE: DO NOT use if a spinal or neck injury is suspected.

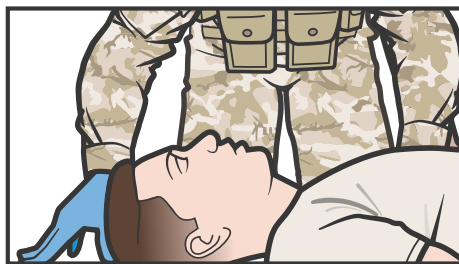


CONSIDER body substance isolation.

NOTE: If a Combat Lifesaver is available, direct them to assist.



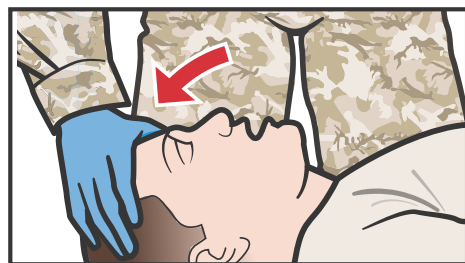
01 **ROLL** the casualty onto their back, if necessary, and **PLACE** them on a hard, flat surface.



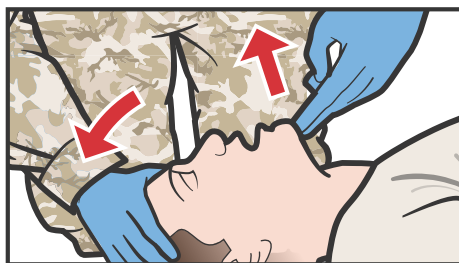
02 **KNEEL** at the level of the casualty's shoulders. **POSITION** yourself at the casualty's side.



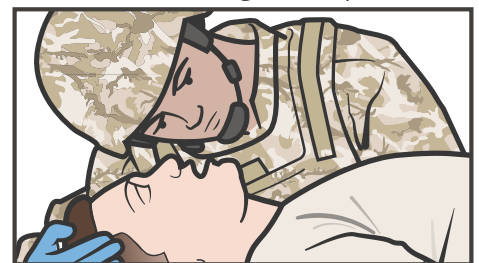
03 **OPEN** mouth and **LOOK** for visible airway obstructions (e.g., lacerations, obstructions, broken teeth, burns, or swelling or other debris, such as vomit).
NOTE: If foreign material or vomit is in mouth, remove as quickly as possible.
NOTE: **NO** blind finger sweeps.



04 **PLACE** one hand on casualty's forehead. **APPLY** firm, backward pressure with the palm to tilt the head back.



05 **PLACE** fingertips of other hand under the bony part of lower jaw and lift, bringing the chin forward.
NOTE: Do not use thumb to lift the chin.



06 While maintaining the open airway, **PLACE** ear over mouth and nose, looking toward chest and stomach.



07 **LOOK** for the chest to rise and fall.



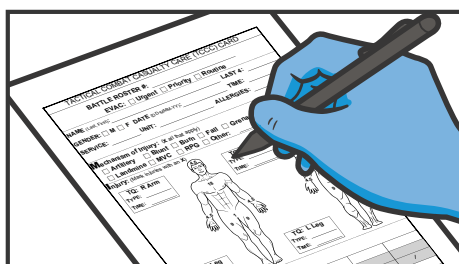
08 **LISTEN** for air escaping during exhalation.



09 **FEEL** for the flow of air on the side of your face.



10 **MEASURE** the respiratory rate.



11 **DOCUMENT** all findings and treatments on the DD Form 1380 TCCC Casualty Card and attach it to the casualty.