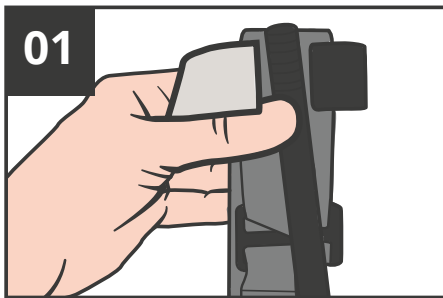


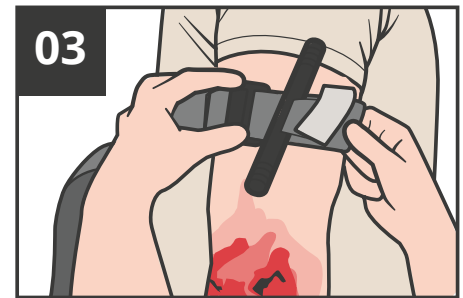
COMBAT APPLICATION TOURNIQUET (CAT)



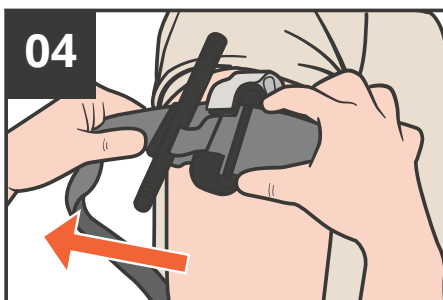
01
REMOVE CAT tourniquet from the first aid kit or carrying pouch



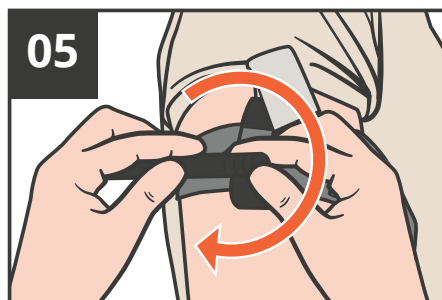
02
SLIDE the injured arm or leg through the loop of the self-adhering band



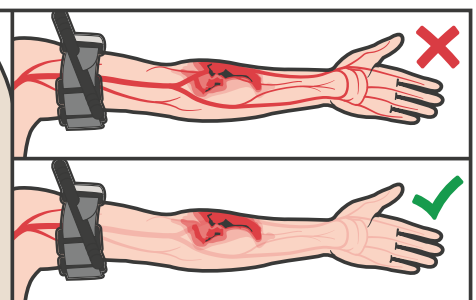
03
POSITION self-adhering band at least 2-3 inches above the wound site



04
PULL the free end of the band as tightly as possible around the extremity



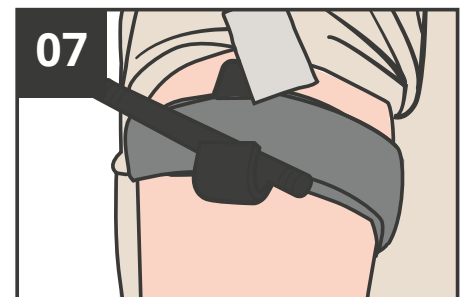
05
TWIST the windlass rod to tighten the self-adhering band until the bleeding has stopped



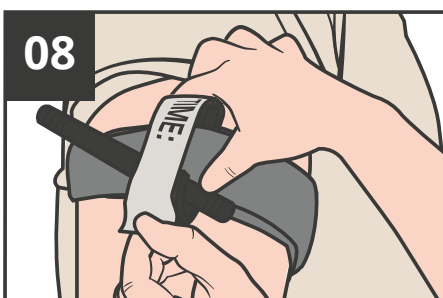
06
APPLY tourniquet to stop bleeding within 1 minute



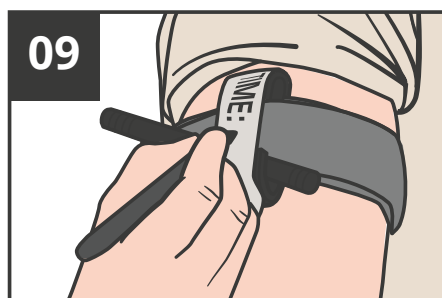
07
LOCK the windlass rod inside either clip to secure it



08
ROUTE the self-adhering band between the clips and around the rod



09
SECURE windlass rod and self-adhering band under the windlass safety strap



10
WRITE the time of tourniquet application on the safety strap and on a DD1380 TCCC Card or forehead



11
COMMUNICATE with medical personnel any aid provided